



St Thomas More
Catholic School
The King's good servant but God's first

PARENT NEWSLETTER

16.10.2026



Welcome from Mr Rosen, Head of School

"Above all, love each other deeply." (1 Peter 4:8)

As we approach the final week before the half-term break, there is much to celebrate and be thankful for within our school community.

Throughout Black History Month, pupils have been taking part in a range of activities and screenings that have provided opportunities to celebrate Black history, culture, heritage and achievement. A particular highlight has been our drumming workshops for all Year 7 pupils.

As we enter the last week of this half term, I would also ask for your continued support in ensuring that the excellent routines established since September remain strong. Please encourage your child to arrive at school on time, in the correct uniform and fully equipped and ready to learn each day. These simple habits make a significant difference to pupils' learning and help develop the responsibility, independence and high expectations we want for every young person.

I would also like to remind families of the substantial support available before and after the formal school day. Our school is open from 7.30am, when pupils can access a free breakfast, and remains open until 7.00pm. Pupils who choose to remain after school can complete their homework and independent study in a safe, well-resourced environment with staff support, and a free evening meal is also available.

Finally, as a Catholic community, we continue to hold Pope Leo in our thoughts and prayers following his recent health issues. We pray that God grants him strength, comfort and renewed health, and we remember all those within our own school community who may be experiencing illness or difficulty at this time.

Thank you, as always, for your continued support, partnership and commitment to our school community.
God bless

Upcoming dates

19.10.2026

Year 9 Black History Month screening
Year 11 career guidance meetings continue

20.10.2026

Year 6 pupil and parent Open Morning tours
Year 7 'Talk the Talk' Oracy Workshops

21.10.2026

Year 7 retreat
Year 8 BHM trip to the National Archives
Year 8 (selected pupils) Highgate Chrysalis Maths Circles
Sixth Form trip to Thorpe Park Fright Night

22.10.2026

Year 7 retreat
Year 9 Art trip to National Gallery
Year 10 BHM trip to National Archives
A-Level Media Music Video Showcase
Awards Evening

23.10.2026

PSHCCE drop-down morning
SEN parents' coffee morning

Attendance

In the case that your child cannot attend school, please call 020 8888 7122, and choose Option 1.

Safeguarding

Our school safeguarding team is Ms Warriner, Designated Safeguarding Lead; Ms Bona, Mrs Mouis, Mr Wood and Mr Rosen. Any concerns can be notified to parents@stthomasmoreschool.org.uk, marked FAO Safeguarding Team.

Instagram

You can follow us on Instagram [@st_thomas_more_n22](https://www.instagram.com/st_thomas_more_n22) to see what has been going on in and around the school each day and we now also have a dedicated Sixth Form Instagram page [@stsm6thform](https://www.instagram.com/stsm6thform), featuring daily posts on events, opportunities, and Sixth Form life.

PTA

The Parent Teacher Association (PTA) is raising vital funds to support and expand our after-school clubs!

Can you help? 🍦

We are planning regular ice cream sales to fund these clubs and urgently need a working chest /ice cream freezer. If you or a local business can donate one, please get in touch!

Join our team! 🍷

We are always looking for enthusiastic volunteers to help us organise and run exciting PTA events. Every hour you can spare makes a huge difference to the students.

✉ Contact: parents@stthomasmoreschool.org.uk



Headteacher's Award



Congratulations to this week's winners of the Headteacher's CREST Award, they are: Erica Reyes (9MC2), for Service, for returning a phone and purse to a member of staff who had misplaced it; Tereza Lempelova (12DX1), for Service, for performing to prospective parents during the open evening and Kendra Kouame (11DX1) and Shayna Kitambala (11BK2), for Teamwork, for supporting the running of a successful Year 11 social event.

Idiom of the week

Turn over a new leaf

Meaning:

To make a fresh start and change your behaviour for the better.

Example:

After a disappointing first half-term, she decided to turn over a new leaf.

Words of the week

Monday – Sleuth (Noun & Verb): Someone whose job is to discover information about crimes and find out who is responsible for them.

Tuesday – Semblance (Noun): A situation or condition that is similar to what is wanted or expected, but is not exactly as hoped for.

Wednesday – Commend (Verb): To formally praise someone or something.

Thursday – Dilettante (Noun): An amateur or someone who dabbles in a subject in a way that is superficial.

Cultural Capital: Borrowed from the Italian “dilettare”, meaning to please or delight.

Friday – Befuddled (Adjective): Confused.

Thought of the week

The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will.



BHM - music

As part of Black History Month celebrations, last Tuesday, 13th October, the Year 7s participated in an African drumming workshop throughout the day. The pupils very much enjoyed playing the Djembe and improving their skills. They also learnt a few acrobatic tricks also!



Haringey Cup

Year 7 boys' football team ran out winners in the Haringey Cup on Monday. They beat every school in Haringey to win the cup. A win against Fortismere in the final brought the cup home. Well done to all!



London Youth Games

The following students contributed to team Haringey in the London Youth Games season of 2025-26, to regain the Jubilee trophy and the inclusive sports trophy and were invited to share their experience with the Mayor of Haringey and Cllr Blake (Leader of the Council) last week:

Nathaniel Owusu Adu Minta (8KL1), Ioan-Marius Betea (10KL2), Joshua Nsukisa-Mobina (10KL2) and Sebastian Ubah (10KL2).



Music

Choir

Do you like to sing? We would love to have you join us! Choir is open for all ages, and all abilities. Come along Friday afterschool, 3:15-4:15pm, in the Glendale Hall.

We are preparing for several concerts so your attendance is important. Prizes are given for consistent attendance. Looking forward to hearing you sing!

Year 7/8 Band

Do you play guitar, piano, drums, or bass guitar, flute, clarinet, and can you sing? Are you wanting to play in a band and gain ensemble experience?! This band is for you! Come along Monday Lunch times - in NG3. Look forward to seeing you there!



Half-term in Haringey

Have a look at Haringey Council's October holiday fun booklet to find out more about activities taking place in Haringey during the school holidays, including:

- sports
- arts and crafts
- drama workshops
- and much, much more!

Details can be found in their online booklet [here](#).

PE successes

This week has been really busy for the department; we've competed in multiple fixtures and tournaments and had some excellent results:

- Year 7 girls' football team beat Kingsmead 4 - 1 to progress into the next round of the Middlesex Cup.
- Year 11 boys' football team beat Stoke Newington School 5 - 1 to progress into the next round of the London Cup.
- Year 10 boys' football team beat St Mary Magdalene 5 - 2 to progress into the next round of the London Cup.
- Year 7 boys' football team - Haringey Champions - Tournament (see above).
- Year 8 boys' football team - 2nd in Haringey narrowly missing out on 1st by losing on penalties - Tournament.
- Year 9 boys' football team - 3rd in Haringey - Tournament.
- U13 boys' table tennis - 2nd in Haringey narrowly missing out on 1st place.
- U13 girls' table tennis - 3rd in Haringey.
- U15 girls' table tennis - 3rd in Haringey.



Year 7 girls' football team



Year 8 boys' football team



Year 9 boys' football team



U13 boys' table tennis



U13 girls' table tennis



U15 girls' table tennis



GOSPEL

Twenty-Ninth Sunday of the Year A
Week Beginning 18th October 2026

First Reading: Exodus 17:8-13

Joshua and the Israelites defeat Amalek with the help of God and his servant, Moses.

Responsorial Psalm: Psalm 121:1-2,3-4,5-6,7-8
The Lord is the Guardian of Israel.

Second Reading: 2 Timothy 3:14—4:2

Paul exhorts Timothy to continue to preach the word Timothy received from his teachers.

Gospel Reading: Luke 18:1-8

Jesus urges his disciples to pray and not lose heart, for God hears and answers prayers.

TO READ MRS HENRY'S FULL GOSPEL REFLECTION, PLEASE [CLICK HERE](#)

CATHOLIC CALENDAR

29 TH SUNDAY IN ORDINARY TIME Psalm week 1	
19.10.2026	Monday of week 29 in Ordinary Time or Saints John de Brébeuf and Isaac Jogues, priests, and their Companions, Martyrs or Saint Paul of the Cross, Priest.
20.10.2026	Tuesday of week 29 in Ordinary Time
21.10.2026	Wednesday of week 29 in Ordinary Time
22.10.2026	Thursday of week 29 in Ordinary Time or Saint John Paul II, Pope
23.10.2026	Friday of week 29 in Ordinary Time or Saint John of Capistrano, Priest
24.10.2026	Saturday of week 29 in Ordinary Time or Saint Antony Mary Claret, Bishop or Saturday memorial of the Blessed Virgin Mary

PRAYER

Loving God, you created each one of us in your image and called us to belong to you. Help us to recognise your presence in the people we meet each day.

Give us wisdom in the choices we make, kindness in the words we speak, and courage to do what is right, even when it is difficult.

Help us to fulfil our responsibilities faithfully, but above all, remind us that our lives belong to you.

May everything, we say and do reflect your love to others.

Amen.

MOTIVATIONAL QUOTE

Just don't give up trying to do what you really want to do. Where there is love and inspiration, I don't think you can go wrong. All dreams are within reach. All you have to do is keep moving towards them. Don't sit down and wait for the opportunities to come. Get up and make them.



Timetables

Year 11	SATURDAY 17.10.2026
09:30 – 11:30	OPTION B Drama: Ms Stretton (NF2) Geography: Ms McDougall (EF6), Ms Kisielewska (EF5) IT: Mr Ghodelbourk (MF1) Music: Ms Green (NG2) PE: Mr Turner (DG4) Spanish: Ms Alban (MS4) Technology: Mr Aston (MG3)
11:35 – 13:35	IT: Mr Ghodelbourk (MF1)

Year 13	SATURDAY 17.10.2026
09:30 – 11:30	Drama (Option D): Ms Rosen (NF1) Art and Design (Option D): Ms Sorrentino (MF4)
11:35 – 13:35	Art and Design (Option D): Ms Sorrentino (MF4)

PLEASE NOTE THAT THE ENTRANCE GATES WILL BE CLOSED AT 09:35;
THERE WILL BE NO ENTRY AFTER THIS TIME.



Sports Club Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 7:30 - 8:30	Year 11 Football Mr Omojudi Astroturf	Athletics All years Mr Omojudi Sports Hall KS4/KS5 Brazilian Jiu Jitsu Gi Mr Saunders Gymnasium 7:00-8:00am	Years 7 & 8 Boys' Basketball Mr Ameh Sports Hall Years 7 Boys' Football Mr Omojudi Astroturf	Athletics All years Mr Omojudi Sports Hall	Years 7 & 8 Boys' Basketball Mr Ameh Sports Hall Table Tennis All years Mr Turner Dance Studio
LUNCHTIME			Volleyball Mr Oteng & Ms Marinou Small Gym	Volleyball Mr Oteng & Ms Marinou Small Gym	
PM 15:15 - 16:15	Netball Mrs Carter & Ms Birch Netball Courts Years 8 Boys' Football Mr Turner Astroturf Year 10 Boys' Football Mr Nwokeji Astroturf	Trampolining All years Ms Marinou Small Gym Badminton Miss Clifford Sports Hall Year 9 Boys' Football Mr Hadjisavva Astroturf Rugby (all) Mr Baker Astroturf	Indoor Athletics All years Mrs Carter Sports Hall	Youth Club - Girls' Football Girls Years 7 & 8 Miss Clifford Astroturf Youth Club - Boys' Football Mr Nwokeji Astroturf Youth Club - Mixed Basketball All years Mr Oteng Courts Youth Club - Trampolining All years Ms Marinou Small Gym Youth Club - Fitness Mr Nwokeji Fitness Suite	Sixth Form Football Mr Omojudi Astroturf
16:15 - 17:15	Sixth Form Football Mr Omojudi Astroturf			KS4/KS5 Brazilian Jiu Jitsu No Gi Mr Saunders Gymnasium	



STM - Succeed, Thrive, Make a Difference

Black History Month

BHM2026

DIG DEEPER, LOOK CLOSER, THINK BIGGER



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Clubs!

Business
Club -
Thursdays
at lunch

KS3 Drama Club - Thursdays
after school

Into Film Club -
Wednesdays at lunch

KS3
Book
Club

MFL Club -
Tuesdays at lunch

Moment for Jesus

Events!

Prefect Assembly Week	5 th - 9 th October
Year 11 Historians BHM Film Screening	Wednesday 7 th October
A Level Drama Trip to 'The Story' at the National Theatre	Thursday 8 th October
KS3 Black Panther Screening	Tuesday 13 th October
Black British Footballers Talk	Tuesday 13 th October
Year 7 African Drumming Workshop	Tuesday 13 th October
Year 7 Scavenger Hunt	Friday 16 th October
Sixth Form BHM Social	Friday 16 th October
Year 9 BHM Film Screening	Monday 19 th October
Year 8 BHM Trip to the National Archives	Wednesday 21 st October
Year 8 Steel Pan Workshop	Wednesday 21 st October
Year 10 BHM Trip to the National Archives	Thursday 22 nd October

In our departments!

Media - A Level and BTEC highlighting Black creatives and Black voices

R.E. - exploring gospel music and faith

Food Tech - KS3 cooking culturally significant dishes

History - Kingdom of Aksum and Black Tudors

Business and Economics - exploring African and Caribbean economies, Black owned businesses and the work of Levi Roots

Art - focus on Black artists Odili Donald Odita and Kehinde Wiley

P.E. - Black Sportspeople competition

Geography - KS3 Mapping Migration

I.T. - Black Women Inspirational Computer Scientists Competition

M.F.L. - highlighting contributions of Black writers and musicians in French and Spanish speaking cultures

Science - KS3 Black Scientists throughout history

English - KS3 Black History in poetry

BLACK HISTORY MONTH CREATIVE COMPETITION 2026

This year's theme, "Honouring Our Communities," invites us to recognise the individuals whose everyday contributions shape, support and sustain Black life across the United Kingdom.



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Please bring your competition entries to Ms Morrissey in EF2 by Monday 19th October. Lots of prizes available for best entries in each year group!

Your task is to respond to the theme creatively. You could:

- Write a poem
- Make a poster
- Make a collage
- Write a short story
- Make a model

You can interpret this theme however you wish! Get creative!